

As part of the early screening programme all children should attend 10 different appointments before their 6th birthday in order to be examined by a doctor: i.e. from birth until they attend primary school. It is important that all appointments are kept at an early stage and that nothing is missed out.

Early screening ...

... and early treatment means: the best start in life from the word go!



Therefore ...

- ... make sure you keep all the early screening appointments!
- ... in particular, think about the later appointments for examinations U7, U7a, U8 and U9!
- ... get your child fully vaccinated at an early stage!
- ... make use of the help that is available, if your child has problems with e.g. hearing, seeing or speaking!
- ... discuss issues with your doctor if, with regard to your child's development, you are unsure about anything!

Other advice leaflets ...

... covering all topics relating to your child's health are published by the Bundeszentrale für gesundheitliche Aufklärung (Federal Centre for Health Education), Cologne.

Titel	Order no.
Vaccinations – Secure protection for children against infectious diseases	11128070
das baby	11030000
unsere kinder	11070000
kinder schützen – unfälle verhüten	11050000

Where you can order information from:

In addition, all brochures can be requested from **BZgA, 51101 Cologne**, or accessed online at www.bzga.de or by fax **02 21/8 99 22 57**.

Online, you can find information about children's health at: www.kindergesundheit-info.de

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10 opportunities for your child

What you should know about the early screening examinations U1 to U9.



Accompanying a child growing up doesn't just bring joy and happiness, but also insecurities and worries. An important task of the early screening examinations centres around spotting delayed development at an early stage. As such, they give peace of mind to you as parents and in the case of health issues, your child has the opportunity of receiving help early on.

Why ...

... are the early screening examinations so important?



Because ...

- ... this way, your doctor can establish if your child is developing healthily.
- ... this way, illnesses can be diagnosed at an early stage and treated.
- ... at the early screening examinations, a child's vaccination status can be checked and if necessary, vaccinations can be carried out.
- ... this way, your child gets the best start in life from the word go.

And by the way:

Your health insurers (Krankenkasse) or social security office (Sozialamt) will bear the costs involved relating to all early screening examinations.

The first weeks of life



U1 (after birth)

- Breathing
- Cardiac rhythm
- Reflexes

U2 (3rd to 10th day of life)

- Internal organs
- Sensory organs
- Early screening for problems related to the child's metabolism
- Screening for problems related to the child's hearing

U3 (4th to 5th week of life)

- Size, weight, nutritional state
- Hip joints, eye reaction, hearing ability

The first months of life

U4 (3rd to 4th month of life)

- Kinesic behaviour and palmar grasp
- Seeing and hearing ability
- Growth, nutrition and digestion
- Checking of the vaccination status/if necessary, protective vaccination

U5 (6th to 7th month of life)

- Physical development (independent turning from lying on the back to lying on the stomach, grasping for objects)
- Teeth, nutrition
- Checking of the vaccination status/if necessary, protective vaccination

U6 (10th to 12th month of life)

- Physical development (Crawling, lifting oneself up, first steps)
- Development of the sexual organs
- Speech development
- Hearing test / Sight test
- Behavioural attitudes
- Checking of the vaccination status/if necessary, protective vaccination

The first years of life

U7 (1 year + 9 months to 2 years)

- Physical and mental development (e.g. running, bending, sitting up, hearing, seeing, understanding, speaking)
- Checking of the vaccination status/if necessary, protective vaccination

U7a (2 years + 10 months to 3 years)

- Sight test
- Speech development
- Thorough physical examination
- Checking of the vaccination status/if necessary, protective vaccination



U8 (3 years + 10 months to 4 years)

- Physical dexterity (e.g. standing on one leg)
- Hearing test / Sight test
- Speech development
- Interpersonal skills, independence
- Checking of the vaccination status/if necessary, protective vaccination

U9 (5 years to 5 years + 4 months)

- Physical and mental development, test for correct movement
- Hearing test / Sight test
- Speech development
- Checking of the vaccination status/if necessary, protective vaccination